



Clinical Consultation Group for Clinicians of Color

Groups will meet 2xs a month for 90 min at a rate of \$100 a month. Meetings will be in Berkeley.

Dates and times TBD.

Please contact Jennifer Chen Speckman at 424-210-5362 or jchenspeckman@gmail.com if you are interested.

The intention of this group is to build a safe space for clinical process and growth for therapists who identify as people of color.

Topics will include:

- Liberation (unpacking internalized oppression)
- Blood memory (regaining wisdom and connection to our roots)
- Imposter syndrome
- Complex meta emotional experience of anger and shame
- Exploring beyond a single story (creating depth of identity of self).