Every woman has a well-stocked arsenal of anger potentially useful against those oppressions, personal and institutional, which brought that anger into being...Anger is loaded with information and energy.

Audre Lorde

Clinical Consultation Group for Clinicians of Color

Groups will meet 2xs a month for 90 min at a rate of \$100 a month. Meetings will be in Berkeley.

Dates and times TBD.

Please contact Jennifer Chen Speckman at 424-210-5362 or jchenspeckman@gmail.com if you are interested. The intention of this group is to build a safe space for clinical process and growth for therapists who identify as people of color. Topics will include:

- Liberation (unpacking internalized oppression)
- Blood memory (regaining wisdom and connection to our roots)
- Imposter syndrome
- Complex meta emotional experience of anger and shame
- Exploring beyond a single story (creating depth of identity of self).