



Working with trauma
and preserving the
self:

Clinical Consult
Group for Clinicians

Art credit @frizzkidart

Groups will meet 2xs a month
for 90 min at a rate
of \$100 a month.
Meetings will be in Berkeley.

Dates and times TBD.

Please contact Jennifer Chen
Speckman at
424-210-5362 or
jchenspeckman@gmail.com if
you are interested.

The intention of this group is to
build a safe space for clinical
process and growth for therapists
who work with trauma survivors.

Topics will include:

- Intergenerational
Trauma/Resilience and systemic
oppression
- Treatment planning
- Systemic navigation
- Somatic treatment models and
body integration
- Self care and self preservation in
the work